

GOLF FITNESS

Master the most important piece of equipment you use, Your Body!

**Get ready for golf season with
Titleist Performance Institute (TPI)
based golf screening at Orthopedics of Illinois!**

- Limitations in motion, balance, flexibility, and/or coordination may be limiting your potential and/or contributing to pain you may be having.
- Pre and post golf fitness screenings performed.
- Examination includes Video Swing Analysis to identify swing characteristics, Physical Golf Screen to identify any physical limitations, and Individualized Exercise Program to address findings.

Initial Exam - \$135

Re-exam & Program Update - \$75

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